

# Prospect

*The Parish Magazine  
of the Shingay group of Parishes*



**Abington Pigotts + Guilden Morden  
Litlington + Steeple Morden  
Tadlow + Wendy**

**November 2024**

# Prospect

The Parish Magazine of the Shingay group of parishes  
[www.shingaychurches.co.uk](http://www.shingaychurches.co.uk)

**Rector** Father Sam Perez, The Rectory, 18 High Street, Guilden Morden, Royston. [rector.shingaychurches@gmail.com](mailto:rector.shingaychurches@gmail.com)  
Day off Thursday

**Associate Priest** Revd Ann Bol, 36 Hillfield, Foxton, Cambridge CB22 6RZ  
01223 871058 RevAnn801@gmail.com

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**Licensed Lay Minister** Cyril Harris, 10 Silver Street, Litlington. 01763 852107

Fiona Davis, 1 Silver Street, Guilden Morden  
01763 852454

Mike Birrell, 3 Town Farm Close, Guilden Morden  
01763 852174

Cicely Murfitt is also a member of the Ministry Team

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**Bellringing** Kathy Tear, Guilden Morden 01763 853651  
Paul Newman, Litlington 01763 244167

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## Prospect Production

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**Deadline for December/January edition - 15 November**  
Please send all material for inclusion direct to Ann Lynn please.

# Letter from our Rector

## Autumn is for cozy and warm

Well, here we begin our journey together. I am so very honoured to be your rector. I am deeply enjoying getting to know you all and the wonderful land that surrounds our villages.

I was very motivated by how many of you came to the service of my institution and installation on 2<sup>nd</sup> October. Together we were able to welcome friends and neighbour from around the county. In fact, we even had Roman Catholics, Methodists, and our wonderful Congregationalist brothers and sisters coming to rejoice with us. The welcome that I received then will keep me warm all these coming cold months. I for one am enjoying autumn and look forward to saying hello to winter. This season is in my mind a season of preparation for excitement and party: it is in this season when we normally start the liturgical new year, that is, the beginning of all the festivities and seasons in the life of the Church of which, Christmas and Easter are two major events. It is also a season of trying to stay at home with a blanket, a book and in my case, eating some roasted chestnuts, my favourite snack of the season.

The days are very much darkening step by step and it seems to me they are a reflection of what is going on around the world with wars and tragedies everywhere. That is perhaps why in the liturgical calendar we remember All Saints and All Souls in this month of November: All Saints is our feast because we are all called to be holy, that is, to be more fully human, to be spotless.

As a community we have much to look forward to, not least remember many whom we love and see no longer. That is why we have All Souls' Day on the 2<sup>nd</sup> November, because they are part of who we are and who we can be.

On Remembrance Day we honour those who showed sacrificial love by dying on the battlefield to ensure our freedom. We join our sympathies with the many North-Americans that live among us ever-holding the 355<sup>th</sup> troop in our cultural memory. But also, we hold close in our hearts those who are currently risking their life trying to make a better world in areas of conflict. My daughter's Godfather, an army captain, is one of those brave persons.

In our fields, not that I am an expert on it, there is still much work to be done. I am amazed at how much farmers do, even outside of growing season. I continue praying for them regularly in my prayers. Farmers show hope in tangible ways; many things are out of their control in their business, and they hope for the best. That is what we look forward to during this time: holiness, expectation, and going deeper in the dark so the light may shine brighter.

## Cambridgeshire Historic Churches Trust

A select band of cyclists, Gilly, David, Mike, Peter and Christine cycled round the Deanery on September 14th and visited 12 churches and chapels, on a sunny day. We had some sponsorship and we will be grateful to pick up any late donations if offered! We covered 26 miles after an early start and several juice and biscuit breaks and an excellent pub lunch in Meldreth.

## The Children's Society

Having recently finished picking up the collection boxes in our area in aid of The Children's Society I am pleased to say that we have raised £320. This is similar to the previous year's total.

I would very much like to thank everyone who continues to support this charity and the work they do with young people.

If anyone would like more information on how to help this worthwhile cause please contact me. Janice Cook (01763 852243)

## Toys for Christmas

Steeple Morden are again collecting your spare toys for the Fenland refuges and Mary's Child. We all have spare toys in good condition and these will be welcomed, through Mothers' Union, by children in need.

Please bring toys to 78 Hay Street (Anne 01763 853490) or to the Christmas Tree and Toy Service, which is at 4pm on Sunday, 24<sup>th</sup> November. Toys can also be brought to Café Church or left at the back of the church during the Festival. Many thanks!



## Candles for Ukraine

Steeple Morden church has delivered a bumper load of candles for onward transmission to Swindon. A firm there will turn them into new candles for light and heat in Ukraine. Sincere thanks to all who contributed their used (and even new) candles – they will be gratefully received.



## Thank you from Cynthia

When you read this all the babies born here in 1934, mentioned in an earlier Prospect, will have reached their 90th birthdays. I hope they enjoyed their special day as much as I did. I want to thank everyone who sent me cards and gifts, flowers and plants. I had a most enjoyable few days. Thank you to the churches in the group that were able to join in the celebrations at the Group Service on Sunday September 29th in Steeple Morden. I was presented with a lovely gift and a card featuring photos of me over the years and also a commemorative mug with my name on it.

I feel very humbled by it all. Well, people say it is a great achievement. I suppose it is and I count myself very lucky. Guilden Morden has been my home all my life and the church has always been part of it. I hope it will continue to be so for many years to come.

St Peter & St Paul Church, Steeple Morden

## 11<sup>TH</sup> CHRISTMAS TREE FESTIVAL

Friday 22<sup>nd</sup> to Sunday 24<sup>th</sup> November, 2024



We'd love for you to join us

Friday 9-4 / Saturday 11-4 / Sunday 11-4

Refreshments will be available

Bacon butties Friday am and Soup on Saturday

**Christmas Tree with Toy Service on Sunday 24<sup>th</sup> at 4pm**  
(We are collecting good condition 2<sup>nd</sup> hand toys for a local women's refuge and Mary's Child charity)

*Preserves and Cake Stall*

*plus Raffle*

We'd love to hear from you if you have a little free time and would like to

help over the weekend please contact Gilly on 852380

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The bare root planting season has started! And you might well ask what on earth is she talking about? Many years ago, before the commercialisation of selling plants in pots, November heralded the beginning of planting time. At this point, trees and shrubs with their roots and soil made into a ball tied up in hessian would become available to the gardener ready for use. The reason that one can do this without stressing out the plants, is that at this time of year they will have shed their leaves and are in a dormant state. I should add that this only applies to deciduous trees and shrubs; evergreens are best added to the garden in spring or early autumn.

Containerisation does mean that we can plant all year round. However, bare root planting has certain advantages. Firstly, the plants are easier to transport and are less expensive. Secondly, many of them grow away more strongly and quickly than pot grown ones, possibly because the roots are free to expand out into the soil quickly rather than continuing to spiral around the circular pots.

Thirdly, the soil is still warm from being heated by the late summer sun and plants are transporting the sugars from their leaves down to their roots giving them the energy to grow vigorously.

Fourthly, because this is the wetter, colder season, there is not the same need to water the new arrivals. An initial drenching at planting time, and perhaps during very dry winter spells, is all that is needed.

So, now is the perfect time to establish fruit trees and bushes. Bare root raspberry canes, currant and gooseberry bushes can all be planted now. You might like to consider growing apples and pears, or perhaps train a peach or apricot against a warm south or west facing wall.

I always plant bare root roses rather than containerised ones. Much cheaper, for a start! They do benefit from mycorrhizal fungi being added to the soil around the roots. Some are available to make into a gel which sticks to the roots, enabling the symbiotic relationship to start quickly. Otherwise, it's fine to just sprinkle the stuff over the roots during planting.

Apart from growing bare root items, November is an opportune time to start off garlics and Japanese onions that are hardy enough to withstand the winter cold. These both do well in free draining soil rich in organic matter, that does not get waterlogged.

Sweet peas can also be sown in pots now to allow them to produce a good root system over winter, which usually creates a more vigorous plant next year, more floriferous than those sown in spring.

Most importantly of all, do take time to enjoy the beautiful colours of Autumn.

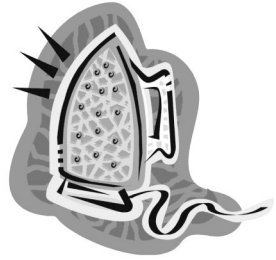
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## CINNAMON BUNS WITH CREAM CHEESE FROSTING

These rolls are perfectly soft and indulgent and a lovely way to enjoy those cold Autumn days. Best enjoyed sitting by the fire with a nice cup of tea or a warm hot chocolate to accompany them, they are bursting with flavour and are so adaptable that they can easily be tweaked to fit your personal preference.

### Ingredients

#### Dough:

250ml warm milk  
60g granulated sugar  
7g instant yeast  
560g plain flour  
75g light brown sugar  
110g unsalted butter  
1 large egg  
2 tsp vanilla extract  
1 tsp salt  
1 teaspoon cinnamon

#### Cinnamon butter filling:

100g unsalted butter (room temperature)  
120g brown sugar  
2 tbsp ground cinnamon

#### Cream cheese icing:

120g cream cheese (room temperature)  
50g unsalted butter (room temperature)  
250g icing sugar  
1 teaspoon vanilla extract  
Pinch of salt (optional)

For the dough, combine the warm milk, granulated sugar, and instant yeast by gently mixing and leaving to foam for 5 minutes. Once foamy, add the rest of the ingredients and mix until the mixture comes together. Continue to knead the dough until springy, this will probably take around 10 minutes but keep checking. Transfer the dough to a lightly oiled bowl and leave to rise in a warm place until it has doubled in size, about 2 to 2½ hours.

Next, beat your butter on its own for about 5 minutes to loosen it a little, then add in the brown sugar and cinnamon and continue to beat them together until easily spreadable. Turn the dough onto a floured work surface and roll it into a rectangle roughly 12 by 24 inches. Spread the cinnamon sugar butter onto the dough in an even layer across but leave about half an inch border down one of the long sides of the dough. Starting at the long end opposite the unbuttered side roll up the dough into a tight log. Cut the log into 12 equal pieces with a sharp knife. Place each roll into a lightly buttered baking dish and loosely cover in a warm place until doubled in size.

Preheat the oven to 180 ° and uncover the cinnamon buns to bake for 20-25 minutes or until lightly browned on top. Leave to cool on a wire rack while you make the cream cheese frosting. To make this combine the butter, cream cheese, vanilla, and salt in a mixing bowl and beat until smooth and pale. Sift in the icing sugar and beat again to combine. Once the rolls have cooled a little, spread the cream cheese glaze on top and enjoy.

## Could you be eligible for Pension Credit top up and Winter Fuel Payment?

- Are you over state retirement age?
- Do you have a retirement income less than £218 a week, as an individual, or less than £332 a week as a couple?

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- Then, you are likely to be eligible for a top up Pension Credit, payable in addition to your normal state pension.
- And, you will also qualify to receive the Winter Fuel Payment too, as this is no longer paid automatically to all pensioners from 2024, and instead is payable to people receiving the pension credit top up

Next Step - Apply for Pension Credit by phoning the freephone claim line: 0800 99 1234 or online at: [apply-for-pension-credit.service.gov.uk](http://apply-for-pension-credit.service.gov.uk)

*It is worth phoning and applying, even if you don't think you'll get much, as you'll be able to get other money and help like the Winter Fuel Payment.*

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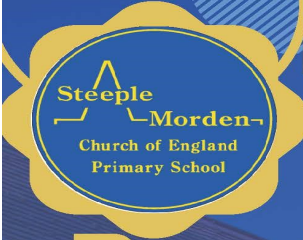
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### The Mordens WI

We are a small, friendly group of ladies meeting on the third Thursday of the month, usually in Guilden Morden Village Hall at 7.30 pm.

If you would like to join us at any of our meetings, or to know more about The Mordens WI, please contact Joyce on 01763 852087. Transport can be arranged.



# Calendar of Services

## 3rd November (All Saints)

10:00am	Steeple Morden	Group Communion
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## 10th November (Remembrance Sunday)

8:30am	Airfield	Rem Ceremony only
9:00am	Odsey	Rem Ceremony only
9:30am	Abington Pigotts	Rem Ceremony + short Service
9:30am	Wendy	Rem Ceremony + short Service
10:00am	Guilden Morden	Rem Ceremony only
10:55am	Steeple Morden	Rem Ceremony + RBL Service
10:55am	Litlington	Rem Ceremony + Service

## 15<sup>th</sup> November (3 before Advent)

7:00pm	<i>tbc</i>	Vacancy Appreciation Service
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## 17th November (2 before Advent)

10:00am	Abington Pigotts	Family Service with Litlington
10:00am	Steeple Morden	Holy Communion
10:00am	Guilden Morden	United Service <i>at St Mary's</i>

## 24th November (Christ the King)

10:00am	Litlington	Group Communion
4:00pm	Steeple Morden	Christmas Tree Service

## 1<sup>st</sup> December (Advent Sunday)

8:30am	Steeple Morden	BCP Communion
10:00am	Wendy	Group Communion

Please see church noticeboards in case of changes to this list.

## And Tuesdays ...



**Morning Prayer at Litlington Church 10am**

on 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> November and 3<sup>rd</sup> December

followed by tea, coffee, and biscuits at 10.30am

Come, join and have a chat.



# Floodlight Diary

## St Mary's, Guilden Morden

17 October Remembering Peter Wilson (no lights)

*If you would like the lights switched on please contact Cynthia Worboys 853217.*

## St Catherine's, Litlington

When two people request the church is floodlit on the same date, the lights are switched on for two days. *The price is only £5 to have the lights switched on for an occasion or a person. Please contact Pam Sharp 852425 or John Jenner 321347*

## S Peter & S Paul, Steeple Morden

16 Oct The lights shone for Peter Noyce to celebrate his 80<sup>th</sup> birthday

1 Nov In loving memory of Ann Lattion RIP on her birthday on All Saints Day

2 Nov and All Souls Day

16 Nov In loving memory of Ian Wallace Symington RIP

*If you would like the lights switched on (£5 per evening) please contact David or Gilly McKee 852380*

## Café Church In Steeple Morden

Café Church will be open from 9am  
on Fridays during term time.

1, 8, 15, 22, 29 November

We do not meet during school holidays.

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# St Catherine's Church Litlington Book Cafe

10am — 12noon

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5th October, 2 November

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**St. Mary's Guilden Morden**

# **Christmas Market**

**Saturday 7th December**

**10am – 2pm**

**Craft stalls, Christmas gifts, drinks and of course Father Christmas will be there**

**Litlington Congregational Church**

**November 2024** *All are very welcome at our services*

Our 11.00 a.m. varied Sunday services are led each week by a different minister followed by refreshments and a chat. All attending folk enjoy a warm welcome. In

3rd	11.00 am	Mr Richard Lewney
10th	10.50 am	REMEMBRANCE SUNDAY SERVICE ( At St. Catherines Church, Litlington)
17th	11.00 am	Mrs Faith Paulding ( Communion Service)
24th	10.30 am	Mr Tony Frost ( At Guilden Morden Congregational Church)

order to ensure continuity, it is essential that we increase attendance at our friendly Sunday services. If we fail to achieve this then the future of the Church will be jeopardised. The Church has served our village since 1863. Please help to ensure that we can sustain this for the future by lending your support and coming to our services. Thank you for your help.

# Guilden Morden Congregational Church Diary

## November 2024

[www.guilden-morden-congregational-church.weebly.com](http://www.guilden-morden-congregational-church.weebly.com)

Every Friday at 10.00am in the Chapel you are also welcome to join an informal gathering of those praying for our villages and our world.

- Sunday 3<sup>rd</sup> Nov** 10.30am Café style service. Come and join us for croissants and coffee in our relaxed style of worship. All welcome.
- Monday 4<sup>th</sup> Nov** 10.30 – 12.00 Men's Guild  
9.30 - 11.30am Open Church. Come and have a chat with our minister, Tony  
7.00 for a 7.30pm start Community Choir
- Tuesday 5<sup>th</sup> Nov** 14.00pm COGS
- Wed 6<sup>th</sup> Nov** 9.00 – 11.30am Fun4Tots
- Sunday 10<sup>th</sup> Nov** 10.50am. Remembrance Service Steeple Morden
- Monday 11<sup>th</sup> Nov** 9.30 - 11.30am Open Church. Come and have a chat with our minister, Tony  
7.00pm for a 7.30pm start Community Choir
- Wed 13<sup>th</sup> Nov** 9.00 – 11.30am Fun4Tots
- Sunday 17<sup>th</sup> Nov** 10.00am Joint Service at St Marys
- Monday 18<sup>th</sup> Nov** 9.30 - 11.30am Open Church. Come and have a chat with our minister, Tony  
7.00pm for a 7.30pm start Community Choir
- Wed 20<sup>th</sup> Nov** 9.00 – 11.30am Fun4Tots
- Sunday 24<sup>th</sup> Nov** 10.30am Joint communion service with Litlington at the Chapel including a talk by Jim Ransom about his 31 Day Bible Study book
- Monday 25<sup>th</sup> Nov** 9.30 - 11.30am Open Church. Come and have a chat with our minister, Tony  
7.00pm for a 7.30pm start Community Choir
- Wed 27<sup>th</sup> Nov** 9.00 – 11.30am Fun4Tots

Home group - face to face and available on Zoom Tuesdays 8.00pm

Contact Emily for details [emilymwilkinson@doctors.org.uk](mailto:emilymwilkinson@doctors.org.uk)

Anyone wishing to book the rooms for social activities please contact Gina Ferrari  
[ginaferrari57@gmail.com](mailto:ginaferrari57@gmail.com)



A “glimmer” was a term coined by a clinical social worker, Deb Dana, in 2022, and it is the opposite to a “trigger”. A trigger, we now know, is a cue, accurate or not, that pushes your mind and body into a flight or fight or freeze state, through a recollection of something in your past that has been traumatic. However, a glimmer, also a cue, but one that moves the body and mind into a feeling of joy or safety, such as seeing a picture of your pet or the sound of a bird call you remember from your childhood. Having learnt this, I find that the more I look for them, the more glimmers I encounter, from a perfect cup of morning coffee, a complete stranger’s smile, a grandchild’s giggles, to the smell of honey and the weight of a chicken’s egg in your hand or rubbing a fresh conker with the ball of your thumb. May you find many glimmers this month.

I am not sure why, but the Sparrowhawk seems very active and visible at this time of year. They seem braver and less concerned at being observed. Blackbird migrants are in the Hawthorn eating the plentiful berries and they, and Robins, made up most of the Sparrowhawk kills in my garden last November. More often I see the male, or “tiercel”, which is smaller than the “formel”, the female. He has a slate grey back and chestnut barring on his underside. But then I found a Woodpigeon, half-plucked, at the bottom of the garden and can only assume it was the heavier female that brought it down, as I doubt a male is big enough to slay a Woodpigeon. The remains were polished off by the Buzzard, which I disturbed at dawn one morning.

Our foraging garden birds will be feasting on the Cotoneaster berries and Michaelmas daisy seeds. And the seeds of Wild clematis (old man’s beard) and Buddleia are especially prized by tits and Bullfinches. They will eat almost any “weed” seed, like Burdock, Sage and Plantains, so don’t be tempted to “put to bed” your flower borders or cut back the wild patches of your garden too early. A low sun, after a “dew fall” and the magic of cobwebs amongst the sere vegetation of your winter garden can make for a breathtaking glimmer.

Last year, after ground frosts on 31st October, we had a very mild first half of November, before heavy rains on 14th and then the weather turned cold. Our first frosts will make our root vegetables taste the sweeter. And that first heavy frost will be followed by an almost still day, and all our walnut leaves will fall in silence within hours. It is a spectacular sight, almost eerie. And if you pick up a handful of leaves and crush them between your fingers, they smell of furniture polish. If the English elm (*Ulmus procera*: “procera” for eminent or high) is the King of trees, the English walnut (*Juglans regia*) is surely the Queen, with its beautiful rivulets of bark, and its scented, composite leaves, which can be seeped in hot water for a tea that promotes a healthy gut.



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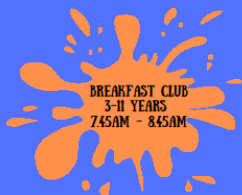
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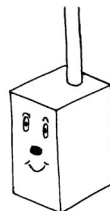
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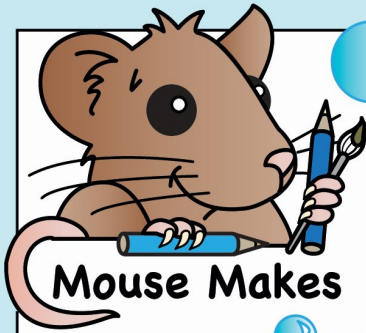
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Then Jesus said:

*"Do you understand what I have done for you? Now that I, your Lord and Teacher have washed your feet, you also should wash one another's feet. I have set you an example, that you should do as I have done for you."*



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