

The Parish Magazine of the Shingay group of Parishes



Abington Pigotts + Guilden Morden Litlington + Steeple Morden Tadlow + Wendy



Prospect

The Parish Magazine of the Shingay group of parishes www.shingaychurches.co.uk

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Deadline for July/August edition - 15 June Please send all material for inclusion direct to Ann Lynn please.				

Letter from our village churches

Animals and their carers have been on my mind a lot recently. Perhaps it is because we recently lost our dog of fifteen years, and I miss him so much; perhaps it is because I've recently had the pleasure of getting to know a dear horse whose owner is kind enough to share him with me; perhaps it's because of visiting Wimpole's Home Farm where the pens and paddocks have been filled with skipping, bleating new life and enthusiastic volunteers who care for them.

There's a reward that comes from looking after animals which we are happy to pay the price for! We love to see their eyes light up as we spend time with them; we love the wag and the woof, the miaow and the purr, the whinny or the bleat that greet us when we see them again after even a short absence.

There's a story which really hits the nail on the head about those who love animals: a family were going on holiday, and asked their neighbour's nine-year-old son if he would mind taking care of the family dog. They explained that the job would require feeding, grooming, walking, and spending plenty of time playing with the dog, whilst giving her lots of love. After covering the job description, they asked what the job would be worth to him. The little boy replied, without hesitation, "I'll give you fifty pounds to look after your dog!"

Well, this is just how I see the love that God has for each of us – a love that he showed through his Son, Jesus. I can imagine a similar conversation between God and Jesus in Heaven. "Son, my people need looking after. They need teaching, healing, forgiveness, endless love and guidance to find their way back to me. Will you take it on? What is this job worth to you?" And instead of asking for anything in return, Jesus replied, "I'll give my life to look after your people."

Why did he do that? Do you remember that well-known nursery rhyme, 'Mary had a Little Lamb'? The final verse is not often recited, but it says it all:

'What makes the lamb love Mary so?' The eager children cry. 'Oh, Mary loves the lamb, you know,' The teacher did reply.

That reciprocal love is open to all of us. It's the love of a Good Shepherd who knows the grief, pain, and loneliness that can overwhelm us, and offers us loving arms to rest in. And as our animals know when we take them in our arms, it's not a bad place to be!

Fiona Davis, Licensed Lay Minister

Look out for details of an outdoor **Animal Blessing Service** in July. All animals of every size and colour will be welcome!

AN AFTERNOON OF JAZZ

The church are hosting the Rockin' Chair Band in Steeple Morden Village Hall on Sunday, 16th June.

The concert and afternoon tea will be from 2.30 to 5pm, with doors opening at 2pm. It will be a memorable afternoon!

Tickets are £15 each and will be available from Prothero's Garage, Anne Hassall (01763 853490) and Annie Urquhart (01763 853829).



"Hatches & Matches"

We've had a quiet couple of months in the area of hatches and matches, but Spring is upon us and there are now several christenings (baptisms) and weddings booked well into the Summer. So, watch this space.

If you have an enquires yourself, please contact Rev Ann to talk through what we can offer and what you would like. Contact details inside the front cover.

News from the Villages

Volunteers required!

Transport Co-ordinator:

Urgently needed in Steeple Morden — a Village Co-ordinator for Heron Self Help Group to match patient transport requests with a given list of volunteer drivers. Light workload using phone. (Expenses paid). Contact Heron Secretary on 07708880224.

School Governors:

Steeple Morden Primary School is looking to recruit new associate governors to their team.

Associates generally attend meetings and observe the business for around a year before stepping up to the role of governor.

You would be expected to join one committee which meets around 6 times a year, alongside the full governing body meetings which, again, are held every half term. You don't have to be a parent at the school to be a governor—our current GB consists of parents, grandparents and those who aren't parents at all! What we all have in common is a wish to support the school and with a new headteacher starting in September, this is a particularly exciting time to get involved.

If you would like further information about what's involved please email alynn@smpsgovernor.co.uk or look online at

https://www.cambridgeshire.gov.uk/residents/children-and-families/schools-learning/ school-governors

The Mordens WI

We are a small, friendly group of ladies meeting on the third Thursday of the month. usually in Guilden Morden Village Hall at 7.30 pm.

If you would like to join us at any of our meetings, or to know more about The Mordens WI, please contact Joyce on 01763 852087. Transport can be arranged.

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Café Church In Steeple Morden

Café Church will be open from 9am on the following Fridays -14th, 21st & 28th June

We do not meet during school holidays Everyone is welcome for tea, coffee, homemade cakes, toys for the children and chat.

Annie Jones Counsellor



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In The Garden

June is the time when many of us buy plants to fill the garden with lots of colour.

A trip to the garden centre is a very enjoyable experience, including the pleasure of cake and tea and browsing all the paraphernalia that is there to temp us. Much of the merchandise and plants in garden centres have a high carbon footprint and are environmentally unfriendly. Without wanting to diminish this enjoyment I want to suggest that there are ways of shopping for plants more sustainably.

Firstly, you will notice that many plant labels now include something called a plant passport. This tells you which country the plant has been grown in and there will be a registration number of the producer, plant reference number and the general name of the plant. In case of an outbreak of a virulent disease or pest it enables one to trace it to the source. So it's always a good idea to hang on to the plant passport label. In terms of assessing its impact on the environment, it allows us to see roughly how many miles the plant has travelled.

I am more enthusiastic about buying plants directly from nurseries. For a start I know that the people selling them will be able to tell me how best to grow them, which is often not the case in garden centres. Another environmentally important consideration is that the plants they sell are often grown on site, reducing their carbon footprint immensely. If you're looking for something unusual then nurseries are definitely the place to go. Many nurseries specialise in particular groups of plants, like Peter Beatles of Attleborough who produce really good and unusual roses. Though many nurseries don't have an eating place, this one does and does good gluten and milk free dishes and cake as well as the more usual things.

Here are of some of my favourite nurseries, some do online orders whilst others you will have to travel to. **Beeche's** nursery in Ashdon, a pretty village near Linton, specialises in herbaceous perennials. They also have a good collection of shrubs and trees and the owner and his team are knowledgeable.

Daisy Roots, in Jenningsbury, Hertford, are a smaller nursery and grow their stock outdoors making their plants are really hardy. They specialise in grasses and herbaceous perennials. They are open a couple of days a week so check their website.

Strictly Daylillies sell what their name implies, and it's quite a range too, with nearly 2000 different cultivars. They are mainly an online nursery but they have open days in July when you can see their collection of plants in bloom. They are based in Histon, Cambridgeshire and they do cake and tea during their open garden.

Yasmeen Brigstocke

Website: Yasmeenart.net Instagram: @yasmeenfarooqui1773



In the Kitchen

Iola Urquhart

SUMMER STRAWBERRY CAKE

This gorgeous strawberry cake is super easy to make and definitely a crowd-pleaser! This lovely bake not only incorporates my favourite, delicious seasonal fruit but is also extremely versatile and can be adapted in so many ways. You could half or double the quantities for a different-sized cake or you could use this recipe for cupcakes instead, it is the best sweet treat for any party, afternoon tea, or midweek pick-me-up and is the perfect start to the summer season!

Ingredients:

Cake:

225g unsalted butter *(softened)* 400g granulated sugar 4 large egg whites *(room temperature)* 2 tsp vanilla extract 330g plain flour 2 tsp baking powder ½ tsp bicarbonate soda Pinch of salt 600g Strawberries *(ish) reduced* Strawberry cream cheese frosting: 800g icing sugar *(rough estimate as*



more or less may be required depending on the consistency of the butter and cream cheese)

225g cream cheese

225g unsalted butter

1 tsp vanilla extract

Strawberry puree (whatever is left over from the cake)

To reduce your strawberries blend them and put them in a pan, simmer on a low heat for about half an hour until the strawberry mixture has thickened and most of the water has evaporated. Take the pan off the heat and leave it to cool completely whilst you make your cake mix.

Preheat your oven to 180 ° and grease two 10 inch cake tins with butter or baking spray and line the bottoms with baking parchment. In a large bowl whisk together al your dry ingredients (flour, baking powder, bicarb and salt) to evenly distribute them together before adding them to the wet ingredients. In another large bowl or a stand mixer with the paddle attachment if you have one beat the butter until loose and creamy. Next add in the sugar and beat them both together until light and fluffy, I normally leave it going and forget about it whilst I do something else, but 5 minutes should be sufficient. Scrape down the sides of the bowl and slowly

In the Kitchen continued

add in the egg whites and vanilla, beat on a medium speed until everything is fluffy and completely combined. Reduce the speed and alternate between adding the flour mixture and the reduced strawberries until just combined. Don't add all the reduced strawberries as you'll need to save some for the frosting. Stop at any point to scrape down the bowl and feel free to use a little red food colouring if needed to enhance the pink colour. The cakes will lose some of the brightness of the pink colour whilst baking so just keep this in mind.

Bake for about 30 minutes or until the cakes come away from the sides of the tins and are springy in the middle. Leave the cakes to cool in the tins for a little while before moving them to the cooling rack.

To make the icing start by beating the butter and cream cheese together for about 5 minutes until light and fluffy and add in the vanilla and beat again to combine. Once again alternate between adding the strawberry puree and icing sugar and increase the speed from low to medium and continue to beat until light and fluffy. If the icing feels too stiff then add in a little milk at a time until it feels silky, however, if like mine it starts to melt in the heat then refrigerate for a few hours to firm it up.

To assemble, top the first cake with the buttercream and if you want to add jam at this point feel free to, add the next cake on top then coat the entire cake in the buttercream and decorate it with a rustic swooping pattern.

However, you don't have to cover the cake and can instead opt to just add buttercream to the top or dust the top in icing sugar instead. Top with a few fresh berries and you're done! Feel free to change this recipe however you want, I'm sure you can tell by now that I'm not very good at measuring anything. In our house, we just bake and it normally turns out great so never worry about getting it perfect!

To store it can be left in a tin, however, due to the heat at the moment, I am keeping mine in the fridge. It will keep nicely for several days.



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Calendar of Services

2nd June (Trinity 1)				
10:00am	Litlington	Holy Communion* with Abington Pigotts		
10:00am	Guilden Morden	Holy Communion		
9th June (T	rinity 2)			
10:00am	Wendy	Group Communion		
16thJune (1	Frinity 3)			
10:00am	Abington Pigotts	Family Service with Litlington		
10:00am	Steeple Morden	Holy Communion		
10:00am	Guilden Morden	United Service at St Mary's		
23rd June (Trinity 4)			
10:00am	Steeple Morden	Group Communion		
30 th June (1	Frinity 5)			
10:00am	Abington Pigotts	Group Communion		
7th July (Trinity 6)				
8:30am	Steeple Morden	Prayerbook Communion		
10:00am	Guilden Morden	Holy Communion (CW)		
Please see chu	rch noticeboards in o	case of changes to this list.		
	,	r = Communion by extension		

Floodlight Diary

St Mary's, Guilden Morden

If you would like the lights switched on please contact Cynthia Worboys 853217.

St Catherine's, Litlington

12 May In Memory of George Powell - much loved and much missed. His memorial is May 12th 2020.Marian, Alex, Saacha, Bertie and Cass.

When two people request the church is floodlit on the same date, the lights are switched on for two days.

The price is only £5 to have the lights switched on for an occasion or a person. Please contact Pam Sharp 852425 or John Jenner 01763 321347

S Peter & S Paul, Steeple Morden

27 May In loving memory of Ian Wallace Symington RIP on his birthday

If you would like the lights switched on (£5 per evening) please contact David or Gilly McKee 852380

And Tuesdays ...

Morning Prayer at Litlington Church



4th, 11th, 18th, 25th June and 2nd July followed by tea, coffee, and biscuits.

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In the Countryside

Perry Littleboy

Do you have "double-take", light-up moments when you see something or hear something or smell something that makes your heart skip and you cannot but help yourself from smiling. I hope you have many. It may be the first of the year; a herald of something significant or the trigger of a memory from your youth. The first Swallow or hearing the first cuckoo or smelling May blossom, or perhaps, in autumn, hearing the Redwings high-pitched "seep" contact call as they fly overhead at night, the smell of bonfires or the heavy dew in a low morning sun. Ask your family to make a list, so you can share each event and celebrate each particular moment.

The most recent for me was seeing the Orange Tip butterfly (the females though are mainly white). The male's distinctive appearance is a delight to see. Apparently, the orange half to their forewings is a warning sign that they are not very nice to eat, because the caterpillar feeds off garlic mustard and cuckooflower, which gives the adults a mustardy taste! No, I haven't.

Around and about our watery places, you may also catch the neon-blue (male) or green (female) flash of Damselflies. They are smaller and slimmer than the Dragonfly, but they are amongst the oldest of all insects. In the Carboniferous era, there were enormous dragonflies, with wingspans of over 2 feet.

The Guelder rose (Viburnum opulus) is still blooming, with snowy white flat heads, up at Clunch Pit wood. They thrive on chalk land. Not a rose, Opulus is Latin, curiously derived from Gaelic opolos, meaning Maple like and its leaves do have a maple look about them. Also known as Snowball tree, because of its flower heads, or European Cranberry Bush because of its clusters of red berries in autumn, when the leaves will colour up beautifully into a vivid red.

The Hawthorn blossom is over and it is now the turn of the scented Dog Rose, Elderflower and if you pass a small tree alive with the sound of bees, and you look up at it and can't find the flowers to attract the bees, it is likely to be a Common Buckthorn (Ramnus cathartica) or Purging Buckthorn. Its flowers are insignificant and tiny but the bees go wild for it, although to humans and animals, all parts of it are mildly poisonous. The birds eat the berries and thereby spread the seeds but, like the Spindle tree fruit, it will cause diarrhoea in humans (hence Purging). It is called Buckthorn because of its small spines on its branches. The larva of the Brimstone butterfly depends on this tree.

Privet and Pyracanthas will also flower his month, with their white flower clusters. Both give me terrible hayfever. Someone I know finds the stink of privet brings back memories of her grandmother, whose garden was bordered by Privet, such is the power of smell to evoke memories. For me, it was being taken for walks up the farm *continued overleaf*

In the Countryside continued

by my father and being shown Pineapple-scented mayweed. Being a child and short-sighted, I was interested only in anything on the path within 5 feet of me. Beetles, ants and... Pineapple-scented mayweed. Pinch it and your fingers smell of pineapple. They are very low growing and look like a daisy that has had all its petals pulled off it. They love poor, compacted soil, so you tend to find this annual on paths.

In the hedgerows the first thistles are flowering, the same colour as the wild lavatera. This is a sign of high summer. By mid month the swallows will fledge and most of our resident tits and Blackbirds and Thrushes will be sitting on their second clutch. And the Strawberry Moon is on 22nd June.

Ashwell & Bassingbourn Patients Group

Ruth ten Hove was welcomed to the May meeting as a new representative for Ashwell following Mike Pearch's retirement. Mike was thanked for his long commitment to the group.

Katie (our Practice Manager) reported that, following a new appointment to our Reception team, we are fully staffed in all departments. Good news given the recruitment problems in the NHS generally.

There was a long discussion about the introduction of "Total Triage" (TT) – a NHS appointment system. The principle is that appointment requests are made using a standard form which is then reviewed in timely fashion by a GP, who will decide the best course of action – see a GP or a nurse, telephone call, refer to a pharmacist etc. It should make things smoother and more appropriate. However, during the early days, patients experienced frustrating glitches. Modifications were swiftly made and problems have become less frequent. TT has been in use at Baldock Surgery for some time and works well. Let's hope that ours settles down quickly and that patients will come to appreciate its benefits.

We are making progress with guides for new patients a general guide to our surgery and hope to make them available shortly.

Once TT has become embedded we intend to produce our second Annual Survey. In the meantime, Katie has carried out a number of "on-the-day" service satisfaction surveys where results have been generally positive.

We are involved in numerous community activities – links with Ashwell and Bassingbourn Primary Schools (art projects), Ashwell Brownies and Guides (gardening), Greening Ashwell (environmental improvements) and an information session with Bassingbourn over 60s.

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Guilden Morden Congregational Church Diary

www.guilden-morden-congregational-church.weebly.com

June 2024

Come to the **Ideal Church Exhibition** at the Chapel on 23rd June at 14.00pm, where you will be able to see what activities take place in our community and be able to talk to the participants. See what's going on, socialise and have some refreshments.

Sun 2 nd June	10.30am	Café style service. Come and join us for croissants and coffee in our relaxed style of worship. All welcome
Sun 9 th June	11.00am	Joint Service with Litlington at Litlington
Sun 16 th June	10.00am	Joint service with St Mary's at St Mary's
Sun 23 rd June	14.00pm	Ideal Church Exhibition at the Chapel
Sun 30 th June	10.30am	Communion service at the Chapel

Group meetings:

Fun4Tots V	Wednesdays from 9.00am to 11.30am	
Bridge Club	Mondays at 19.30pm	
Community Choir		
Knit and Natter	Alternate Tuesdays at 10.00am from 11 TH June	

Men's GuildMonday 3rd June 10.30amCOGSTuesday 4th June 14.00pmGG Film ClubFriday 21st June 19.00pmLocal History GroupThursday 5th June 15.00pm at Steeple Morden VHHome group Zoom meetings Tuesdays 20.00pm.Contact Emily for details, emilymwilkinson@doctors.org.uk

Anyone wishing to book the rooms for social activities contact Gerry Watkins 01763 852869

Litlington Congregational Church

June 2024 All are very welcome at our services

- 2nd 11.00 am Mr John Iles/ Mr Peter Shoard
- 9th 11.00 am Mr Adrian Alen (Joined by Guilden Morden Congregational Church) Includes a Salvation Army presentation
- 16th 11.00 am Mr David Jordan
- 23rd 11.00 am Mrs Sandra Galton Communion Service
- 30th 10.30 am Mr Tony Frost -At Guilden Morden Congregational Church

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